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CHURCH WARDENS ~ Ken Goudy	01449 673648
~ Michael Churchill	01449 768869
Wetheringsett VC Primary School	01449 766215
Headteacher ~ Mrs Hookway Chair of Govern	ors ~ Jo Pitt
PARISH TREE WARDEN ~ Elizabeth Aldred	01728 860482
TOWNLANDS TRUST ~	
PARISH FOOTPATH WARDEN ~ Elizabeth Aldred	01728 860482
RSPCA Suffolk East & Ipswich branch~ Ian Hendry	01449 767747
NON-EMERGENCY POLICE Reporting, Information or E	nquiries 101
MENDLESHAM HEALTH CENTRE	01449 767722

Editor contact: Cally Buch 01449 766417 wetheringsettnews@gmail.com

Deadline for copy 15th of every month.

Typed announcements by email only. pdf or word doc. preferably please.

HALF PAGE ADVERTS SHOULD BE IN LANDSCAPE FORMAT

Any contributions from the village community are welcomed.

The newsletter is for the community and serves to inform and give news and the occasional interesting fact or two. Editor reserves the right to amend pieces due to space restrictions. If pieces for inclusion are not formatted, Editor reserves the right to amend as best fits the edition. Views expressed within are not necessarily those of the editor and contributions are made from various sources.



Back to school jokes

Welcome to the September issue of your Newsletter

How wonderful that this month the newsletter will once again be dropping through your letterbox. If you missed reading the last 4 month's issues you can find them on the Wetheringsett website. If



you haven't already done so, please take a look - there are some wonderful photos of the refurbishment of the village hall; where to find support for Coronavirus issues; up-dates on the Village Neighbourhood Plan; even a couple of 'Fantastical Creatures' as well as different articles and silly jokes to make you smile....and, of course, the usual village information. All the newsletters are now held on the website, which will enable you to check back on events. Go to

http://wetheringsettcumbrockford.onesuffolk.net/home/

Please let me know if there is anything you would like to see in this -your, newsletter.

I hope everyone is managing and staying well through these difficult times.

Cally (Editor)



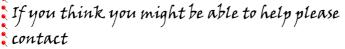
Newsletter Distribution

Many thanks to Rose who has delivered the newsletter along the western (Mendlesham)

side of Brockford Street for many years.

Rose is now "retiring " from her round so we are

looking for someone to take this on.



Sue or Eddie Payne on

01449 767794

Thank you

Wetheringsett Village Hall ...



Village Hall News

Work has been continuing on the refurbishment of the Village Hall. The redecoration and floor renovation are finished and new blinds have been fitted. There is still work to do on the kitchen and storeroom. This will hopefully be completed in September.

In line with Covid 19 regulations a risk assessment must be completed for the Village Hall, and this will need to be approved by the Parish Council. This too is underway.

Once both the above tasks are completed it is hoped that the Village Hall will be open for villagers to see what has been done and, hopefully, make bookings for future use.

Please watch this space for news of an opening event.....



The Village Hall has been an amenity for the village for 100 years.....this renovation should give it life for a little while longer

Your Village Hall



Needs You!

To design a sign

Our beautifully refurbished Hall is in need of new signage and so the Village Hall Committee is running a competition for a new sign.

The sign will be placed on the main wall as you approach the entrance of the Hall, in this, its centenary year.

The competition ends in September - so get designing now!

Entries should be sent to WetheringsettcumBrockfordPC@outlook.com

Creative Silk Painting

Book yourself on a day course to learn the Art of Creative Silk Scarf Painting

No experience necessary & beginners are very welcome.

<u>Booking is essential</u> These are small workshops allow for individual tuition, Based in Pages Green.

Workshop Days are 10am~3pm, cost £45

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Various dates available, Please see website for dates or call Ruth ...

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Snippets from the Village History: The Village Hall written by Katie Goudy

Early in 1937 the Brockford Players gave £10 to the Hall to make a concrete path from the Hall front door to the school yard gate, and a short path from the gentlemen's cloakroom parallel with the hedge to meet the other path. If any money was left the Brockford Players wished to start a fund for some kind of heating apparatus for the Hall.

In July it was proposed that 2 stoves be constructed - one on each side of the building. One to be constructed as soon as possible, with the other one later. The first one to be built the same side as the gents cloakroom and a brick chimney to be built outside so that the fireplace did not project into the Hall. By November 1937, both fireplaces had been installed, and the committee all appeared much warmer and happier sitting around the fire than shivering round an oil stove.

The concrete paths had been finished also which was a great improvement, and would be appreciated more when the muddy weather came.

In March 1938 an estimate had been received from the Electric Company and the cost of installation would be £11.6s Running cost metre rent 2/- per quarter. Lighting 9pence per unit. Minimum charge 10/- per quarter in winter and 5/- per quarter in summer. It was proposed and seconded that electric light be installed, the charge for use of this to be 6 pence per hour.

There was to be a New Year Social in February 1939, admission was 9d and half price for children.

By November 1939 evacuees were using the Hall for their school lessons and they were charged 2/6 per day per day with lighting and fireing extra. The headmaster (Mr Hurrell) asked permission to use the hall for children's school dinners, the East Suffolk Education Committee would stand all expense of stove, fireing and electricity, the Hall would stand no extra expense. After much discussion and another committee meeting it was decided to let the Hall to the Education Committee at a charge of 15/- per week.

More to follow in next issue



Volunteers Urgently Needed Community First Responders (CFRs) and Fund Raisers Join a ZOOM meeting 19:00 2nd September 2020 for more information.

My name is Mike Favager, I have been an active **Community First Responder (CFR)** in Mendlesham since 2009. In 2009 the

Mendlesham and Wickham Skieth CFR group was formed from 9 volunteers. The group were trained by East of England Ambulance Service Trust (EEAST) paramedics, assessed and given the callsign NZ572 which remains extant. For the last 3-4 years I have been the sole responder in the group as others have moved on to pastures new. It has always been the aim to achieve 24/7 cover for the community which may well have been achieved in 2009/10, however, as the numbers have decreased over the years, so has the number of hours covered. As a one man band for the last 4 years or so, the cover has reduced to a few hours a week, which is quite woeful for an area of this size. The role is purely voluntary, not paid, all equipment is supplied by EEAST, uniform is not required or currently worn by NZ572 responders, as uniform would have to be paid for by funds raised by the group and we have precious little in that department.

What does a Community First Responder do?

A CFR responds to an emergency call initiated by a Dispatcher based in the Emergency Operations Centre (EOC) in Norwich from a 999 call. The request comes via a dedicated phone on loan from the Ambulance Service and the CFR is requested to attend a limited range of emergencies in the local area (normally with 5 miles). These calls are limited to cardiac arrest, difficulty in breathing or shortness of breath, chest pains, strokes, diabetic, choking, anaphylaxis, seizures, feeling unwell and a few other minor emergencies. All classified as Category 1 or 2 by the EOC. A CFR does not respond to trauma, road traffic accidents, potential or suspected COVID-19 cases and many other lower category emergencies. Each CFR group will hold at least one emergency pack including Automatic External Defibrillator (AED), Oxygen Cylinder and suitable masks, a limited amount of bandages and other bits and bobs.

Are CFRs Trained by the Ambulance Service?

Yes, the EEAST currently delivers training over 5 days, and responders are continually assessed throughout. The training is very thorough, comprehensive and relaxed this will give a responder the confidence required to support the local community in attending an emergency. The course is certificated which can be used to further advance your own training if required.

What do I need to do to become a CFR?

You must be over 18 with a full driving licence and willing to use your car to respond. Your insurance company will not increase your premium for volunteering and will provide a letter to EEAST to say you are covered by insurance. A DBS check is required. An occupational health questionnaire is also required to be completed.

What would be my commitment?

You would have to commit to giving up some of your spare time to volunteer each month, however, this can be as much or as little as you want. You would also be required to attend a monthly training meeting for about 2 hours or so (not all sessions are mandatory). You can opt out of attending a call if you feel you are unable or unwilling to attend that specific emergency.

Join a ZOOM meeting to see and hear more on 2nd September at 19:00.

Please contact mike@favager.co.uk for the meeting details.

Community First Responder Scheme

General Details

Our community first responders are volunteers who are trained by us to attend certain types of emergency calls in the area where they live or work. Their aim is to reach a potential life threaten-

ing emergency in the first vital minutes before the ambulance crew arrives.

Their role is to help stabilise the patient and provide the appropriate care until the more highly skilled ambulance crew arrives on scene to take over the treatment.

https://www.eastamb.nhs.uk/join-the-team/community-first-

Mendlesham Scout Group Update

Scouts O

As with other organisations, we had to stop our weekly meetings back in March due to Covid 19.

However, this did not mean that scouting came to a halt.

Our young people have been getting involved in various activities at home and online whilst not being able to meet in person. We have had garden campouts and we participated in the national 'Hike to the Moon' challenge. Our Beavers took part in a district virtual campout via Zoom, and we made a loo roll challenge video. With our annual St George's Day parade cancelled, we took part in the 'Clap for Carers' instead, wearing our uniforms and renewing our scout promise. You can see photos of what we have been up to on our Facebook page.

The leaders and executive committee have been busy behind the scenes too, continuing planning work on our scout hut project, keeping up to date with our mandatory training and ensuring we keep in touch with our young people. This involved getting to grips with new technology such as Zoom and Microsoft Teams, which was challenging at times.

With lockdown starting to ease, we are awaiting confirmation of when we can safely return to weekly meetings. The Scout Association have stipulated that we must have a Covid 19 Risk Assessment, which the leaders and Executive Committee are currently working on. This must be approved by our District team and all parents will be informed of the arrangements we will have in place. It is hopeful that we will be able restart face-to-face scouting later in September.

I know that all our young members and leaders have missed scouting activities since March including camps, parades, hikes etc, so it will be great to meet up with the sections again.

We do have spaces available in all sections, so if you would like your youngster to join in and develop 'Skills For Life' then please see page 14

We currently have 2 volunteer vacancies within our Scout Group:

<u>Scout Section Leader</u> – planning and delivering a programme of events at weekly term time meetings, undertake essential training, attend some overnight camps, attend approx. 6 committee meetings during the year.

<u>Secretary (Executive Committee)</u> – prepare and email agendas, take minutes at meetings and send to committee members, undertake other tasks as needs arise.

If you are interested in either role above, would like to assist with a section or are able to support us for our fundraising events, once we restart, then please get in touch. (Contact details on page 14)

10

Scout Hut Project Update

Great news! We have had planning permission for our scout hut granted, as you may have seen in the recent online EADT article.

We feel the design that we have chosen will sit really well in the surroundings of the HQ site at Mendlesham Green.



We are now able to start our major grant applications for capital funding in earnest, with our Project Coordinator, Noel Fletcher, using his wealth of knowledge of funding sources. We have also been looking at ways we can fundraise whilst we are unable to run face-to face events and are currently working on some ideas. If anyone would like to help out with our fundraising, please let us know. Thank you to those who have already been in touch. We have also recently been running an online survey to gather the thoughts and opinions of the local community, which will help support our applications for grants and funding. We hope to bring you the results of this survey soon. There is still time to fill this in if you haven't yet done so. We will be closing the survey on 10th September. You can find the survey here:

https://forms.gle/n8TrNxm3ivHGTJpi9

Lil Evans – Group Chair

Martyn Bryant - Group Scout leader

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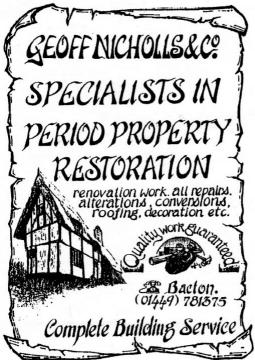
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Do you need help with Babysitting or Ironing?

My name is Georgie

I'm a Year 11 student and I am looking for work

If you need any ironing done or babysitting, please give me a call or text me on

07541 834453 You can also email -



Do you have a youngster who would like to join either Beavers, Cubs, Scouts or Explorers?

Please see below the details for each section



6-8 years Thursdays - 5.30-6.30pm Mendlesham Community Centre - Small Hall



8 – 10½ years Wednesdays – 6.45 – 8.15pm Mendlesham Corre Mendlesham Community Centre – Small Hall



 $10\frac{1}{2} - 14$ years Mondays – 7.00 – 9.00pm Mendlesham Community Centre – Small Hall

14 – 18 years EXPLORERS Thursdays - 7.30 - 9.30pm Mendlesham Community Centre - Small Hall

During the summer months all the sections may meet at the Old HQ at Mendlesham Green, weather permitting.

ADULTS

Would you like to help at a section or would like to help with our fundraising and events.

If you would like further information on any of the above, please contact:-

Martyn Bryant - Group Scout Leader - 01379 788998 martyn bryant@hotmail.com Elizabeth Evans - Group Chair - 07545 322087 elizabethevans81@hotmail.com



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"Life in Lockdown"

South Hartismere Benefice is planning a

Grand Craft Fair and Exhibition

Can you help with donations of any of the following, please -



Garden produce

Hand Crafts

Jams

Preserves

Cakes

Knitted items

For the exhibition — do you have any

paintings, artwork, poems or reflections and photos on the <u>theme of lockdown</u>

For details of where to take your contributions and the dates of the exhibition

Please see page 18

SOUTH HARTISMERE BENEFICE

To our schools and families:

Food, Fun and Family Friendly!

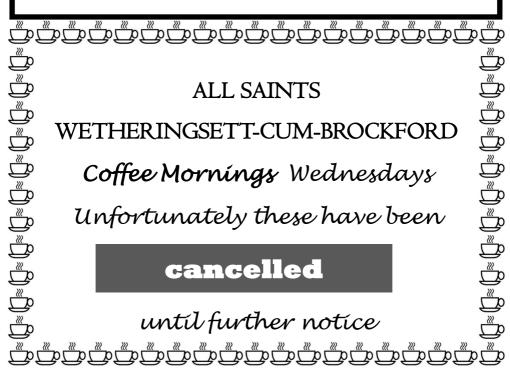
You will have heard that our usual services and activities in church are cancelled, and this includes Messy Church and our Café services.

However, you can still see me in school, and I will be leaving Messy church ideas at school.

We will put out a weekly email to families, and if you would like to access this, email me on rev.julialall@gmail.com

Follow us on Facebook:

https://www.facebook.com/groups/SouthHartismereChurches/



South Hartismere Benefice

September Newsletter



CRAFT FAIR AND LIFE IN LOCKDOWN EXHIBITION

September is usually a time of new beginnings and new possibilities. Our children and young people start a new school year, we have returned refreshed and rested from our summer break, the promise of Autumn is in the air, and we're enjoying the produce we've been growing in our gardens over the summer.

But this year, for most of us it probably doesn't feel like a fresh start. The youngsters will return to school in unusual circumstances, we may not have had the summer holiday we wanted, and we may not be feeling reinvigorated. The virus is still with us, and some of us are still isolating at home. The harvest has happened, but we will not be able to celebrate it in the usual way in our schools and churches.

BUT our time in lockdown is history in the making, so this September we will focus on the harvest of our gifts and talents. Perhaps you have recorded lockdown in writing, artwork or photographs, and these will provide an invaluable archive for future generations. Or it may have been a time to indulge your hobbies – my vegetable patch has never been so well-tended!

The vision behind the Craft Fair and Exhibition: Life in Lockdown is to create a community event after months in isolation, celebrate our gifts, capture history and help to preserve our churches.

The Craft Fair and Exhibition will be at:

Thorndon Church on 26th September from 1.00 - 3.00pm; Mellis Church on Saturday 3rd October from 2.00 - 4.00pm; Gislingham Church on Saturday 10th October from 10.00am to 12.00noon

We would love to receive any donations from you that can be sold to support the work of our churches – knitted and sewn items, jams, preserves and cakes, and home grown produce. We would also like contributions for our exhibition.

If you are able to contribute items to sell, or items for the exhibition, please contact me on rev.julialall@qmail.com 01379 678064 or Christine Moore on cm783226@qmail.com, 01379 783226

Items for the exhibition need to be received by **Sunday 20th September**. If you wish them to be returned to you, please ensure you have put your name and telephone number on the back.

This event promises to be a wonderful way for us to gather together and share our gifts. I really look forward to seeing you there!

Blessings, Julia



South Hartismere Benefice Recovery Worship Rota September 2020

Wednesday 2nd September

Midweek Worship On-line 7.00pm

Week 1 Sunday 6th September The 13th Sunday after Trinity On-line Gislingham Thorndon 9.00am 10.30am 10.30am Harvest Worship for All Holy Communion Worship for All

Wednesday 9th September

Midweek Worship On-line 7.00pm

Week 2 Sunday 13th September The 14th Sunday after Trinity On-line Stoke Ash Mellis 9.00am 10.30am 10.30am Worship for All BCP Holy Communion Harvest Worship for All

Midweek Worship On-line 7.00pm

Week 3

Sunday 20th September The 15th Sunday after Trinity

Wednesday 16th September

On-line Thorndon Gislingham 9.00am 10.30am 10.30am Worship for All Holy Communion Harvest Worship for All

Wednesday 23rd September

Midweek Worship On-line 7.00pm

Week 4

Sunday 27th September The 16th Sunday after Trinity On-line Thornham Magna

Yaxlev

9.00am 10.30am 10.30am Worship for All Harvest Holy Communion

Harvest Worship for All

Wednesday 30th September

Midweek Worship On-line 7.00pm

Worship for All is a short service with prayers, readings and a response to the reading. Current guidance suggests shorter services, and no singing

Contact:





Reverend Canon Julia Lall - Rector rev.julialall@gmail.com 01379 678064

Reverend Lauren Moore – Curate rev.laurenmoore@gmail.com 07798705876

https://www.facebook.com/groups/SouthHartismereChurches/



Back to school jokes

Why did the boy eat his homework?

Because the teacher told him it was a piece of cake.

Why did the girl eat her homework?

Because she didn't have a dog.

Michael Brame,

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Next visit: Thursday September 24th

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Wetheringsett cum Brockford Parish Council Report on the video meeting held Monday 3rd August 2020

<u>County Council</u>: County Cllr Andrew Stringer reported on changes to the Home But Not Alone phone line – from 31 July 2020 the phone line will no longer provide: free emergency food deliveries nor medicine deliveries. The Government should have informed shielded residents in Suffolk of the changes. However these support services are designed so that they can be reintroduced should there be a significant local coronavirus outbreak. In the short-term the team at Home But Not Alone will still be able to offer help/advice so parishioners are advised to ring the helpline **0800 876 6926** should they need any help or advice on the current situation or need to be put in contact with a local volunteer.

The latest Government advice is available at:

www.gov.uk/coronavirus

The latest Suffolk CC information is available at:

https://www.suffolk.gov.uk/coronavirus-covid-19

Cllr Stringer went on to report on the sudden closure of Age UK Suffolk. This would be a huge loss for the county and many residents would be concerned about the loss of vital support for themselves or elderly friends and relatives. Age UK had stated it had faced a number of financial challenges in recent years and the impact of the pandemic on fundraising had been the final straw. Suffolk County Council has published details of alterative sources of support, please view these at the following website address:

https://www.suffolk.gov.uk/coronavirus-covid-19/age-uk-suffolk/

<u>Play Area</u> – concerns had been raised at the July meeting on the condition of the Village Hall play area – there appeared to have been an alcoholic drinks party as glass bottles and plastic debris had been strewn around the play area. These have been cleared away and there are notices now in place setting out conditions of use of the equipment due to covid-19.

<u>Community collection point for re-cycling plastic bottle fastenings</u> – a suggestion had been received from a parishioner that the parish council setup a collection point for plastic bottle fastening. There is a global shortage, the main manufacturers being based in China and northern Italy, causing problems in the supply of hand sanitisers and soap. The Council will consider this further at the next meeting following consideration of a suitable collection point.

Date of next video meeting: Monday 7 September 2020, 7pm. Parishioners are welcome to observe or join the meeting at the public session. Link available via the Parish Council agenda and website

To Autumn

Season of mists and mellow fruitfulness,
Close bosom-friend of the maturing sun;
Conspiring with him how to load and bless
With fruit the vines that round the thatch-eves run;
To bend with apples the moss'd cottage-trees,
And fill all fruit with ripeness to the core;
To swell the gourd, and plump the hazel shells
With a sweet kernel; to set budding more,
And still more, later flowers for the bees,
Until they think warm days will never cease,
For Summer has o'er-brimm'd their clammy cells.
John Keats

When does Autumn begin? Good question

The first day of autumn, the autumnal equinox, has 12 hours of daylight and 12 hours of darkness. The term equinox comes from the Latin words aequus, meaning equal and nox, meaning night. The autumnal Equinox falls on 21st—23rd of September. This year it is Tuesday 22nd September.

However, the meteorological calendar consist of splitting the seasons into four periods made up of three months each. These seasons are split to coincide with our Gregorian calendar, making it easier for meteorological observing and forecasting to compare seasonal and monthly statistics. By the meteorological calendar, Autumn will always start on September 1st and end on December 31st



RSPCA Suffolk East & Ipswich Branch

Registered Charity No. 206269

RSPCA charity shop in Stowmarket has reopened its doors to supporters

RSPCA welcomes animal lovers safely back to its charity shops

The RSPCA Suffolk East and Ipswich charity shop at 6 Wilkes Way, Stowmarket reopened its doors to the public on 4th August 2020.

The animal welfare charity closed its 4 charity shops at the start of lock-down but is now pleased to be able to open all 4, following the social distancing guidelines set out by the Government.

Jenny Eden, RSPCA retail specialist, said: "As branches are separately registered charities, their charity shops are a vital source of income to ensure that we can continue to care for animals in need in the local area, so we are thrilled to be able to open our doors to customers again and accept much-needed donations.

"We want to reassure our supporters that we will ensure the experience of shopping in our charity shops will be as safe and comfortable as possible. We are taking measures to protect our staff and our customers including the use of plastic screens, providing hand sanitiser, storing donations for 48 hours before they are sorted, wiping down hard goods and steaming clothing items before they go onto the shop floor, as well as regular cleaning, and putting social distancing rules in place. This way we can keep everyone in our shops safe whilst also continuing to help the animals who need us!"

The Suffolk East and Ipswich branch is a separately registered charity and their shops are a vital source of funding to help more than 550 dogs, cats, small animals and wildlife (2019).

Continued opposite

Contined:

Julie Sommerville, Stowmarket charity shop manager said: "We have missed all our customers and volunteers so much during the lockdown so we are thrilled to be back. Support for our charity shops during these difficult times means a lot to us as it means we can continue to care for local animals who need our help."



The RSPCA Suffolk East and Ipswich Stowmarket charity shop has changed its opening hours to allow for cleaning so will now be open from 10am to 4pm.

For those looking to donate items, the charity is welcoming donations of clothes, bric-a-brac, handbags, jewelry, toys, books and DVDs.

The Stowmarket shop is in need of volunteers, so if you are looking for a voluntary retail placement please contact Julie on 01449 259036.



RSPCA Suffolk East & Ipswich Branch

Registered Charity No. 206269



Suffolk Sweep

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Telephone John on 01449 737513 or text SWEEP to 07858768162

The Cedars Pool - Keep Swimming!

Having checked that chlorinated pools are not a no-go area, the Cedars pool has been open for some weeks. With the warm weather, the water temperature has been between 85-95F, so just



right for many... but not many have been to visit us! However, as the local Risk appears to be not too great, more people are swimming, not just children, who are supposed to be at less risk, but some older people who need the body exercise.

So, all welcome, but we have to say at your own risk!

We do not charge to swim, as we like to see the pool being used to useful effect. So please keep swimming: we do not like the warm water being idle!

AJA Contact: tonyalston@hotmail.com



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Dates for the Diary

'Life in Lockdown' Craft Fair and Exhibi-

Saturday 26th Sept Saturday 3rd Oct Saturday 10h Oct

- @ Thorndon Church 1– 3pm
- @ Mellis Church 2 4pm
- @ Gislingham Church 10am 12pm

Friends of Debenham Library

Debenham Library is open with a limited number of services. Mobile libraries are operating but the home library service remains suspended. See www.suffolklibraries.co.uk/coronavirus for the latest details .

Browsing of books will now be allowed in Debenham

You can now book to use a computer: phone or email the library (see above). Printing, faxing and photocopying are also available.

All DVD and CD loans are free

You can use the Advanced Search at https://suffolk.spydus.co.uk to check which titles are available at Debenham. Under "location", choose or tick Debenham.

When you have finished with your books, please put them in our black bin outside the library. Books borrowed before lockdown have been renewed automatically until 1st September

Meanwhile you can still use all our online services for <u>free</u> audiobooks, ebooks, films and other services. Use your library card at www.suffolklibraries.co.uk for more details.

Opening hours:

Tuesday: 0930am – 1300pm Wednesday : 1500 – 1930pm

Saturday: 0900am - 1300pm Sunday: 1200 - 1600pm

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Doodle Page



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Cllr Claire Estcourt	clairehestcourt@gmail.com	
Cllr David Brown	daveandjanetbrown@gmail.com	01449 766151
Parish Clerk: Mrs Lynne Cockerton	lynne.cockerton@btopenworld.com	01728 862001
County & District Councillor:		01449 780339
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