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| MENDLESHAM HEALTH CENTRE | 01449 767722 |
| NEWSLETTER ~ Editor, Cally Buch | 01449 766417 |
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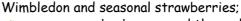
The newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that any errors may be corrected in future editions.

Welcome to the July issue of your Newsletter

Well, we've had the Summer Solstice and unbelievably the nights are now officially 'drawing in'!

So what can we look forward to? July is the

warmest month in the Northern Hemisphere on average.and it brings $% \left(1\right) =\left(1\right) \left(1\right) \left($





barbeques and the end of school until September ...and, for the USA, the celebrations of 4th July.

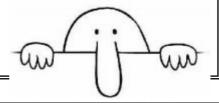
Have a great month everyone Cally (Editor)

Dates for the Diary

July

Tuesday 14 St Swithin's Day

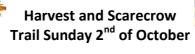
Wot—no dates! Must be holiday time!





SAVE THE DATE

We have a few more events planned for the Church and village this year





Christmas Tree Festival and Carol Service 18th
December 6pm

Contributions from the village community for inclusion in the newsletter are welcomed

Deadline for copy 15th of every month

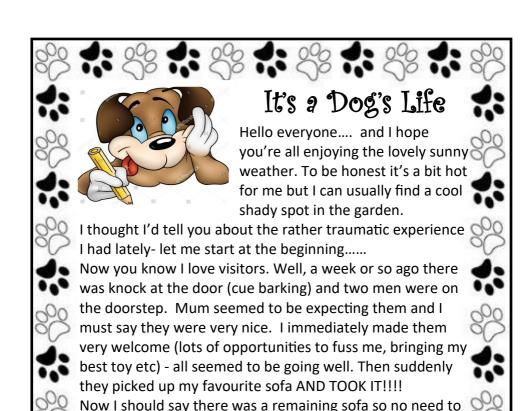
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for evening snuggles with Dad!
The men appeared with two chairs. I immediately tried both out but I'm not sure as yet which will be my preferred seat. Trouble is I can't squish in next to mum or dad-most

panic but they'd taken my morning snooze sofa! The sofa

unsatisfactory.

Oh well, I suppose I'll get used to them. Next time I hope they'll ask me for my opinion when purchasing furniture!

Woofles of Wetheringsett



Quote of the month ~

Well done is better than well said

Benjamin Franklin



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Snippets from the Village History:

Fun at the Village Hall

Celebrating its re-opening and then the Queen's Platinum

Jubilee - the Village Hall has featured prominently recently, and
we are fortunate to be able to enjoy its refurbishment. I thought
you would enjoy seeing a photo from the 1960s of a barbecue at
the Village Hall



Barbecue at the Village Hall, in the 1960's

The photograph has been copied from *A Village History of Wetheringsett-cum-Brockford (2nd Edition)* and the people named in it are, from L to R: - Charley Goudy, Daphne Steward (only back of head seen), Norman Buckle, Mrs Jasper, Mrs Amy Lacey, Mrs Jean Garrod, Mrs Cyril Thurston, Peter Gissing, Doreen Ribbons, ? Buckle, Mr Jasper, Mrs Kerr, Mrs Dorothy Mobbs.





Jubilee Celebrations at All Saints Church



It was a wonderful day of celebration in the village on the 3rd of June. On Thursday the church was filled with the wonderful aroma of Spring flowers. As flowers that had been arranged in all sorts of creative ways, started to arrive in the church. There was a real variety of arrangements from flowers made from recycled materials, stunning arrangements with origami birds, crowns, trees, tea pots, mugs and elephants all filled with amazing displays of roses, foxgloves, and sweet peas from people's gardens.

On Friday as the warm June sun rose over the churchyard and the tea tables were laid, we welcomed lots of visitors into the church and served tea and cakes, along with chat and catching up. It was a lovely atmosphere. We all then headed up to the village hall to continue the celebrations.

A huge thank you to everyone who made an arrangement and cakes and visited the church.







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Please contact Sue Stannard for more information 01449797752

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Jokes to groan to ...!

Why couldn't the pony sing a lullaby? She was a little horse

What did the ocean say to the beach? Nothing it just waved



FRIDAY 3RD JUNE

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* WETHERINGSETT TURNED OUT ON FORCE TO CELEBRATE THE *

* JUBILEE IT WAS A GREAT START TO THE DAY WITH THE SUN *

* SHINNING. LOTS OF YOU TURNED UP TO HELP SET UP THE *

* GAZEBOS AND TABLES, PLUS BRING ALONG HOME BAKED *

* CAKES, SCONES, CHEESE STRAWS, SAUSAGE ROLLS QUICHES, *

* and STRAWBERRIES - THE LIST GOES ON.

* *

THE TABLES WERE SET, THE MUSIC READY, HUMBER DOUCY **
BREWERY IN PLACETHE CELEBRATIONS BEGAN! **
**

* A GREAT AFTERNOON'S ENTERTAINMENT FROM BETH *

* MAUNDRELL WHO SUNG THROUGH THE DECADES AND I'M *

* SURE ALL WILL AGREE BETH DONE A GREAT JOB ~ A VERY *

* TALENTED YOUNG LADY.

* *

* THE NURSERY WERE DOING A GREAT JOB WITH FACE * PAINTING WHICH I'M SURE THE CHILDREN ENJOYED. SO * MANY OF YOU SUPPORTED THE EVENT AND IT WAS LOVELY TO * SEE EVERYONE HAVING A GOOD TIME.

* TEAS AND COFFEES - AS ALWAYS SERVED BY THE LADIES THE **

* CHURCH - AND THEY WERE KEPT BUSY!

* *

AS WERE HUMBER DOUCY BREWERY WHO CAME ALONG TO *
SERVE A SELECTION OF THEIR ALES WINE AND GIN WHICH *
WAS ENJOYED BY MANY OF YOU.
**

THE VILLAGE DONE THE QUEEN PROUD ON HER PLATINUM JUBILEE AND WE THANK YOU FOR YOUR SUPPORT.

* THE THANK YOU'S FOR PUTTING THIS EVENT TOGETHER ARE *

* ENDLESS AS SO MANY HELPED IN MANY DIFFERENT WAY'S IT *

* WAS A REAL COMMUNITY EVENT.

**

THANK YOU ALL

Sue

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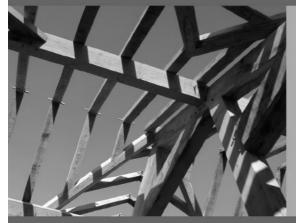
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Public consultation on the draft Neighbourhood Plan

Have your say now between 20th June and 5th August 2022

This is your opportunity to comment on the policies in the Neighbourhood Plan: Issues such as: housing, green spaces, heritage, community facilities, accessibility and design.

We need your views to make sure the plan is right for the parish

Hard copies of the Draft plan will be available for inspection in the porch of **All Saints Church**

Electronic copies are also available on the Neighbourhood Plan page of the Parish Council website:

https://www.wetheringsettcumbrockford.onesuffolk.net/neighbourhood-plan-2/

All of the supporting documents are also on the website together with details of how to respond

As this is a formal stage, comments on the plan must be made in **writing** so please either use the response form or email your comments to this email address. **Wetheringsettcumbrockfordndp@gmail.com**

The Middy Railway Bar

This is a regular destination for many parishioners on a Friday evening, often with children to enjoy the food from the cafe, and many living close enough to be able to walk, or cycle, home. The facilities were well visited over the Jubilee week-



end, and the following week-end the local Morris dancers were there to entertain all, including themselves! We are most grateful to Steve Davies for all the hard work he puts into organising the bar - getting the right stocks doesn't just happen, and of course his happy helpers. And the weekly email reminder is welcome for all those who need to know which Real Ale is on. Long may he continue to provide us with good weather to enjoy the great outdoors!



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Providing an opportunity for Ukrainians living locally, and their hosts, to share some time together in a relaxed atmosphere

Refreshments will be provided, also, some levels of support

Upcoming dates: 13th, 27th July 10th, 24th August

For further information contact Lorraine on spency50@hotmail.co.uk

Fly-tipping and roadside litter

In our parish we are blessed with four roads off the A140. The three to the south are mainly used by our own parishioners who , of course, will not cast litter from their vehicles. However, the Hill Farm road takes people to Thorndon and beyond, and seems to collect more litter than the others.

This road also collects a van load of rubbish each year, in May or early June. This year it was probably a shed and contents, and not all was right in the gateway, as some was on the roadside. My wife and I spent a Sunday afternoon burning the bulk of the tip, parking in the gateway on the



bend. The only car to pass us stopped 100m up the hill and my wife nearly went to ask if we could help, but they left shortly. Less than half an hour later I was sitting in my vehicle waiting for the fire to subside when I was joined by the fire engines from Debenham .. and Framlingham! Given that the Council also have some items to collect, one has to reflect how much all this costs us, the taxpayer.

DO NOT KNOCK NO UNINVITED OR UNEXPECTED CALLERS Buy anything at the door Switch utility company Office money to drafty Office money to drafty Office to religious / political views DONOT DISTURB Product applications of the control product near 1988 Able Pr

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South Hartismere Benefice

For services held in church and online

July 2022

Saturday 2nd July Cathedral, BSEds 2.00pm Ordination of Debbie Nicholls

9.00am On-line Worship for All Week 1

Sunday 3rd July Gislingham 10 30am Benefice Holy Communion & 'Reading The 3rd Sunday after Trinity

in' of Debbie as Curate followed by

Bring & Share Lunch in church

Thorndon 4.00pm CONNECT

Wednesday 6th July Mid-week Worship On-line 7.00pm

Thursday 7th July Telephone Church BCP Holy Communion 11.00am

On-line 9.00am Worship for All Week 2 Sunday 10th July Mellis 10 30am Holy Communion Stoke Ash The 4th Sunday after Trinity 10 30am Worship for All

> Thorndon 12.30pm Baptism

Thorndon 4.00pm CONNECT (Start again in September)

Wednesday 13th July Mid-week Worship On-line 7.00pm

Thursday 14th July Telephone Church BCP Holy Communion 11.00am

Week 3 On-line 9.00am Worship for All 10 30am Holy Communion Thornham Parva Sunday 17th July

The 5th Sunday after Trinity Thornham Magna 12.30pm Baptism

Wetheringsett 10 30am Holy Communion

Stoke Ash Jubilee Songs of Praise 3.00pm

Wednesday 20th July Mid-week Worship On-line 7.00pm

Telephone Church BCP Holy Communion 11.00am Thursday 21st July

Week 4 On-line 9 00am Worship for All Yaxley 10.30am Holy Communion Sunday 24th July Worship for All The 6th Sunday after Trinity Thornham Magna 10 30am

Thorndon Afternoon Baptism Wetheringsett Afternoon Baptism

Wednesday 27th July Mid-week Worship On-line 7.00pm

Thursday 28th July Telephone Church BCP Holy Communion 11.00am

Week 5 On-line 9 00am Worship for All

Thorndon 10.30am Benefice Holy Communion followed by Sunday 31st July

Baptism

Reverend Canon Julia Lall - Rector rev.julialall@gmail.com 01379 678064 & 07850 492212

> Reverend Lauren Moore - Curate rev.laurenmoore@gmail.com 07798 705876

https://www.facebook.com/groups/SouthHartismereChurches/

Contact:

The 7th Sunday after Trinity







South Hartismere Benefice



July Newsletter 2022

What's on in July?

After all the excitement of the Platinum Jubilee celebrations, you might be hoping for a quieter time in July! This month marks the end of the academic year, and many of us will be hoping to go away on holiday; but if you're on the look-out for things to do or things to celebrate, here is this month's selection

The most well- known is American Independence Day on 4th July when the people of America celebrate Independence Day, commemorating the adoption of the Declaration of Independence on July 4, 1776, declaring independence from the Kingdom of Great Britain. Then there's World Chocolate Day on 7th July— any excuse to eat chocolate!— but also a day to think about fair trading for the six million people globally who depend on growing cocoa for their livelihoods. Most cocoa farmers have never eaten chocolate, and earn less than a dollar a day. Did you know that it takes 5 years for a cocoa pod to grow? On St. Swithin's Day, 15th July we keep our fingers crossed for sunny weather, because according to legend, if it rains today, it will continue to rain for 40 days and 40 nights. This is a good day to think of and pray for our farmers, that the weather conditions will be just right for harvesting crops.

The Commonwealth Games begins on 28th July. This is an international multi-sport event involving athletes from the Commonwealth of Nations, and this year it will be held in Birmingham.

Lastly, one that I'm not so familiar with, Global Tiger Day on 29th July - an annual celebration to raise awareness for the plight of tigers and the urgent need for tiger conservation

And in our group of churches, we are celebrating the Ordination of Debbie Nicholls at the Cathedral on 2nd July at 2.00pm. Debbie will be a full-time Pioneer Curate.

On **Sunday 10th July** we celebrate Sea Sunday - Come along for a picnic/BBQ, crafts and songs. This is the last session of CONNECT until the Autumn, but we are hoping to hold a **Mid-week Meet up** throughout August to help keep us connected through the long summer break – details to follow

Whatever you are doing this summer, may God go with you.

Blessings,

From the Parishes:

Congratulations to Ben Lloyd and Daisie Bloomfield, married at Yaxley

Welcome to those who were baptised: Iris Mepham, Thorndon; Cory Ling, Wetheringsett; Bertie Marshall. Gislingham

In Loving Memory: Andrew Crane and Revd Ivan Meads, Thorndon; Susan Clarke, Yaxley: Simone Dale, Thornham Parva; Robin Thompson, Mellis "Thanks to Rosedale,
I now feel closure and
a sense of peace, after
all the upheaval of
recent weeks."

 from a family we have cared for at Rosedale



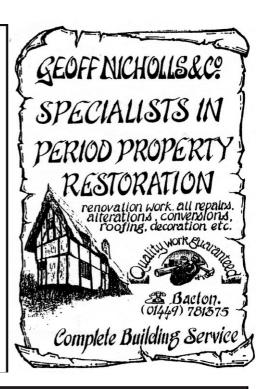
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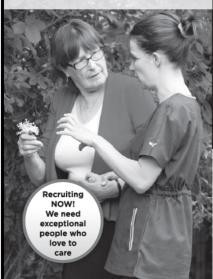


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Wetheringsett cum Brockford Parish Council Report on the meeting held Monday 6 June 2022

<u>Parish Council Vacancy</u> – Mr Nigel Lingard was co-opted to fill one of the two vacancies. Members welcomed Nigel to the Council and stated they looked forward to working with him.

<u>Appeals – Hockey Hill</u> – having received notification of appeals following refusal of the proposed applications for the two developments on Hockey Hill by Mid Suffolk District Council Planning, parish councillors reiterated their recommendation of refusal of these applications, one being a proposed development of 14 dwellings and the other 11 dwellings. Both included four affordable properties.

<u>Pre-submission consultation on the Wetheringsett Neighbourhood Plan</u> – the pre-submission consultation began on 20 June 2022 and will conclude on 5 August 2022. Details of the consultation, the draft document and supporting documents are all available on the Wetheringsett cum Brockford Parish Council Neighbourhood Plan web page at:

Neighbourhood Plan » Wetheringsett cum Brockford (onesuffolk.net)

Comments on the plan should be made in writing and parishioners are encouraged to view the documents and comment.

Thanks were recorded to the Neighbourhood Plan Working Group for their efforts so far – this will be an important document setting out parishioners' views for the future of the village.

<u>Wetheringsett Jubilee Celebrations</u> – the Chair recorded huge thanks to all those involved in the preparations and for running the village Jubilee event, this had been an opportunity to bring the village together and was thoroughly enjoyed by all. Special thanks were recorded to Mrs Sue Stannard for all her work and involvement in the event.

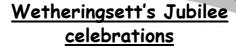
<u>Cemetery Grass cutting</u> – following the no-mow May the first cemetery grass cut should take place during June but would not include some of the wild flower areas.

<u>A140 Park Green sign</u> – parish councillors continue to press Suffolk Cc Highways for reinstatement of the sign, County Cllr Stringer's help has been enlisted. <u>Development Norwich Road</u> – the breach of the planning conditions relating to

working out of hours has hopefully been resolved. Should there be any further incidents however, Norwich Road residents should report these to the parish council.

Date of next meeting: - Monday 4 July 2022 – 7pm at the Village Hall, Wetheringsett. All Welcome.





The children had so much fun using recycled materials to create a beautiful

flower display for the celebration at the church.

The children also used leaves to make a flag and crown at forest schools.
The children had enjoyed making flags, crowns and cakes for the Jubilee.











The children all entered a home baking competition which the teachers enjoyed judging! Congratulations Toby Wright for winning 1st place. The cakes were then sold at our afternoon tea event. Parents enjoyed eating cake and watching the children in a range of sporting activities.







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Amanda Wearing. Telephone: 01449 711674;

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JULY PROGRAMME - Steam trains and added attractions every Sunday.

Steam train rides in genuine Victorian 4-wheel coaches but the Mid-Suffolk Light Railway's summer programme has an added attraction almost every Sunday including classic and vintage vehicles, model railways and more.

3rd July Steam Photo Opportunity & Land Rover Owners Day 10th July Morris Minor Day

17th July BMW & Norwich Vintage Motor Cycle Clubs Day 24th July Norfolk & Suffolk Narrow Gauge Modellers Day 31st July Middy Anniversary Day

For more information about these events please see the Middy website: www.mslr.org.uk

With the relaxation of Covid strictures visitors can enjoy train rides as many times as they like. All the railway and museum facilities - shop, café, Restoration Shed visits and real ale bar will be open each day the railway is open.

Middy steam locomotives are often joined by Heritage Railway Association award winning Fowler Shredded Wheat shunter. This pretty little engine may be diesel powered, but it has a copper capped exhaust chimney which gives it a very steam like effect.

The Middy, together with added attractions, make a fascinating visit for families and rail fans alike. Opening times are from 10.30 to 16.30. Prices are £10.00 adults, £5.00 children under 16, families (2 + 2) £25.00, concessions £8.00.

Middy Café

Now open to the local community on Wednesday and Saturday mornings 9am–1pm (when the railway volunteers are there) plus

Sriday evenings 6 to 9pm; all for tasty take-aways!

St. Swithin's Day 15th July 2022

Swithun (or Swithin,) was an Anglo-Saxon bishop of Winchester and subsequently patron saint of Winchester Cathedral. His historical importance as bishop is overshadowed by his reputation for posthumous miracle-working and for being the sweetest of saints.

He died in 863 AD and requested that he be buried in the church-yard—some say to be close to the common people, whom he loved; some say so that he could enjoy God's gift of rain for all eternity. On his death his request was honoured. About 100 years later, however, it was deemed unseemly that so holy a man should rest in a common grave. On July 15, the saint's feast day, the people attempted to enshrine his remains in his church. Legend has it, however, that St. Swithin caused torrential rains to fall for 40 days, until the intended transfer was abandoned. This is the source of a very old weather proverb regarding rain on July 15: "St. Swithin's Day if thou dost rain, / For forty days it will remain."



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Did you know? These things actually have a name

The way it smells after the rain is called Petrichor

The space between your eyebrows is actually called a glabella

The plastic or metallic coating at the end of your shoe laces is called an aglet

The rumbling of stomach is actually called wamble

The Wetheringsett-Cum-Brockford Church and Town Estate

ARE YOU IN NEED?

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- * Are you unable to pay all your bills for services e.g. heating or electricity?
- * Would you benefit from a piece of medical equipment or therapy?
- Do you need an essential piece of equipment for school, college or university?
- * Do you run a community group?

If the answer is yes, you may be eligible to apply for funds from the charity. We were set up to help the church, school and those in need living in the Parish of Wetheringsett-Cum-Brockford.

You can apply for funds in writing to:

Clerk of Wetheringsett Townlands Trust, 23 High Street, Debenham, IP14 6OL

Or via email to: wetheringsettcttrust@gmail.com

Please give a brief outline of your need and the amount you are applying for. Where possible please provide quotes. We may not be able to cover the whole amount, as the funds need to be divided equally, but may be able to contribute towards the cost



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Friends of Debenham Library

On **Saturday 30th July** we will be holding a **Heavy Metal Day** in aid of the Library and the Primary School. From 9:00am to 3:00pm we will be collecting your scrap metal at Debenham Primary School. See the separate poster.



The **Summer Reading Challenge is** open to all children aged 4-11 and they can sign up from **16 July**. The challenge is to read six books over the school holidays. This year's theme is Gadgeteers and will focus on scientific



innovation and creative thinking. Our friendly staff and volunteers will help children find books and get them started on their reading adventure. If you like to volunteer to help with the Challenge, please speak to staff in the library.

Next month we start our Afternoon Teas again on Sunday 7 August and Sunday 4 September, 1pm-4pm. August also marks the 10th anniversary of the formation of Suffolk

Libraries, so on the 7th we are having a birthday party with party games! Come and join the fun. **On Sunday 11 September** Simon Pyett will be cycling in the London to Brighton ride to raise money for Suffolk Libraries; sponsorship details will come next month.

Books, DVDs, WiFi, Computers, Printing/photocopying/scanning, CDs and audiobooks, downloadable films/music/audiobooks/ebooks, free reservations, drinks for sale. The room is available for hire outside opening hours.

School Corner, Debenham IP14 6PL (next to the Primary School). Opening hours: -

Tuesday: 0930 am – 1300 pm Saturday: 0900 am – 1300 pm Sunday: 1500 – 1930 pm Sunday: 1200 – 1600 pm

www.suffolklibraries.co.uk/visit/locations-and-times/debenham-library

Facebo ok: @DebenhamLibraryFriends Tel: 01728 861940

Email:debenham.library@suffolklibraries.co.uk

The Cedars Pool

With quite a lot of warm and dry weather, the Cedars pool has been extensively used this year. Looking at the booking sheets, it appears



that the women of the parish swim more than the men! Come on men! Amanda who gives the swimming lessons continues to be busy but she has had to cancel one Saturday morning as she has been invited to play cricket for the MCC!

Contact: tonyalston@hotmail.com

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The Railway Campsite

This is nearly a year old. We find we are not as busy as we might be, but.. we are not in the West Country, not in Wales and not by the sea. The most popular visitor vehicle is the VW Camper Van and most people book less than a week about the country was and most people book less than a week about the country was and most people book less than a week about the country was a week about the c

Van, and most people book less than a week ahead. We are surprised how many visitors come from less than 20miles



away! Most of the reviews are complimentary, with the occasional silly complaint: an owl hooting at night, the A140 and a party next to the A140. Actually we got complaints about the same party from people living at Hockey Hill, but you can't win them all!

AJA

Debenham Shed

On Friday 22 July we celebrate the first anniversary of the opening of our extended premises. If you'd like to attend, please email chairman@debenhamshed.org.uk



Our stall at Debfest II in June

for more details.

We received £500 from a

Tesco Community Grant recently. Sadly we didn't win first place at their Stowmarket store, but it will certainly help towards installing heating and a defibrillator.

We will soon be holding a Ladies' Induction Day-more details later. Meanwhile we meet on Friday afternoons from 2-5pm.

Just turn up if you'd like to join in or have a look.

Debenham Shed is at 2 Fields, Low Road (IP14 6BJ). Affiliated to UK Men's Sheds Association. Debenham Shed Officers: Les Wright 07793 470694, Bernard Rose 07538 974119, Tony Hutt 07906 614328. Visit our website at

www.debenhamshed.org.uk, where you can sign up to our newsletters on the Contact page. Like our Facebook page at www.facebook.com/DebenhamShed.



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ALL SAINTS CHURCH WETHERINGSETT-CUM-BROCKFORD

Coffee Mornings

Wednesdays 10:30-12:00 with the usual scrummy spread

Short Morning Prayers precede coffee mornings at 10.00am in the hospitality area



Jokes to groan to ...!

How does a rabbi make his coffee? Hebrews it

Why can't a bicycle stand up by itself? Because it's two-tyred



1×11×11×11×11×11×11×11×11×11

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A friend of mine was recently victim to a WhatsApp phone scam, and ended up sending money to someone. I always though "I'd never fall for it" but the messages the scammer exchanged with her seemed so plausible. It's made me feel a little nervous, as I feel it could so easily have been me. How can I keep myself safe from scammers?

Phones and computers are a brilliant resource for staying connected with family and friends. However, they are also an opportunity for scammers to hide behind a screen and try to trick people in parting with their money.

There are still plenty of phone call scams, such as pretending to be from the victim's bank, as well as newer scams like on WhatsApp and Facebook.

An increasingly common scam on WhatsApp is a scammer messaging someone claiming to be a loved one, who desperately needs some money to get home or another urgent need. As the scammer will use a generic term like "it's mum, I need help" or "dad, can you help me", people can often get caught in trying to help and are tricked into transferring money. If you get a message like this, call the number you already have for that loved one to hear their voice and speak to them. You can then confirm whether the request is legitimate.

There are many other scams similar to this, so if your unusual contact does not fit this example, it does not mean it is legitimate.

This checklist can help you decide if something is a scam:

- You don't recognise the individual or organisation. If you do recognise them, have they contacted you in the normal way?
- You can't confirm their identity. If they say they are calling from a trusted source such as a bank, contact your bank directly to confirm their identity. Be aware that scammers can stay on the line after you have hung up, so do this from a different telephone or go into the bank.
- You've been asked to hand over money or personal information. Don't give
 out pins, passwords, or seemingly random information. Never send money to
 someone you don't know
- It seems too good to be true. "Get rich quick" often means "lose money fast"!
- You've been asked to pay in an unusual way. Such as online vouchers

Citizens Advice Mid Suffolk can provide advice on this or any other issue, including debt, employment, benefits and family law. You can contact them on 01449 676060 or use the contact form at midsuffolkcab.org.uk/contact-us. For more information and our opening hours go to midsuffolkcab.org.uk.





Wetheringsett Manor School

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Wetheringsett Manor

In June we celebrated the Queen's Platinum Jubilee! The Manor and grounds were decorated and we had an ice-cream van visit for the afternoon which the children enjoyed thoroughly

If you require further information please call: - 01449 703935

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for the Wetheringsett-Cum-Brockford Newsletter

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Next visit: Thursday 7th July

WETHERINGSETT PARISH COUNCILLORS

| Par | Parish Councillors | |
|--|--------------------------------------|-------------------------------------|
| Cllr Elizabeth Cain CHAIR | eccain@btinternet.com | |
| Clir Mrs Ann Arnold VICE CHAIR | broadoaksuffolk@googlemail.com | |
| Clir Charles Harvey | charles@the-harveys.org | |
| Clir Tony Alston | tonyalston@hotmail.com | 01449 766231 |
| Clir Barry Lacey | sally.lacey@btconnect.com | 01728 860273 |
| Clir Mrs Elizabeth Aldred | aldred.sons@gmail.com | 01728 860482 |
| Cllr Mrs Hilary Green | greenhils2911@gmail.com | |
| Clir Mrs Rachel Leech | rachelleech67@btinternet.com | |
| | | |
| Cllr Lizzie Drury | equine.nutrition1972@gmail.com | 07470 513211 |
| Parish Clerk: Mrs Lynne Cockerton | lynne.cockerton@btopenworld.com | 01728 862001 |
| County & District Councillor : Cllr Andrew Stringer | Andrew.Stringer@midsuffolk.gov.uk | 01449 780339 |
| Stowmarket Safer Neighbourhood Team | Stowmarket.snt@suffolk.pnn.police.uk | 101 (non emer- gency calls only) |





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