



Hi everyone,

Often charities, a bit like businesses, are judged by the largest number of customers for the smallest costs. However, successful community-based projects like The Debenham Project almost always follow an alternative principle – provide the care and support now, and worry about the cost later. We have always applied this approach by “getting on and doing something” – something that might help a family carer, or the loved one they care for, even if only just a little. We hope that The Debenham Project will always be somewhere to find help. The numbers that come to the Carers Club, Fit Club, Lunch Clubs, Songs for Sharing, etc. are great, but the real benefits of the Project lie in the difference that it can make, personally and individually, from having someone to talk to, assistance with forms, information, advice, guidance, friendship, etc. All acts of kindness not readily to be measured by statistics. I am convinced that it is these, and the personal relationships involved, that help and strengthen the well-being of those families amongst us who are having to live with dementia.

With all my best wishes,

Lynden Jackson

www.the-debenham-project.org.uk; 01728 862003